

Discover Chişinău



Chişinău, the capital of the Republic of Moldova, is a green and welcoming city known for its wide boulevards, parks, and relaxed atmosphere. Located between Romania and Ukraine, it blends Eastern European traditions with a growing contemporary cultural scene. Visitors will find a mix of historic landmarks, lively cafés, wine culture, and peaceful green spaces within a compact city centre.

Main places of interest

Ştefan cel Mare Boulevard – The city's main avenue and the heart of Chişinău. Many key institutions, monuments, shops, and cafés are located along this boulevard.

Cathedral Park and the Nativity Cathedral – One of the most recognisable landmarks of the city. The park surrounding the cathedral is a popular gathering place and offers a pleasant setting for a short walk.

National Museum of History of Moldova – A major museum presenting the history and cultural heritage of Moldova from ancient times to the present.

Valea Morilor Park and Lake – One of the most beautiful green areas in Chişinău, ideal for a relaxing walk with views over the lake and the surrounding hills.

Wine culture

Moldova has one of the oldest wine traditions in Europe, and Chişinău offers many opportunities to discover local wines. Numerous wine bars and restaurants serve Moldovan varieties such as Fetească Albă, Fetească Neagră, and Rară Neagră.

If time allows, participants may also consider visiting famous wineries located near the capital, such as Cricova or Milestii Mici, both known for their extensive underground wine cellars.

Local cuisine

Moldovan cuisine reflects influences from Romanian, Ukrainian, and Balkan traditions. Typical dishes include:

- Mămăligă (cornmeal dish often served with cheese and sour cream)
- Plăcinte (savory or sweet pastries)
- Sarmale (stuffed cabbage rolls)

Many restaurants in the city centre offer traditional Moldovan cuisine as well as international options.

Walking around the city

Most cultural sites, restaurants, and cafés are located within a relatively small area of the city centre, making Chişinău easy to explore on foot.

Participants wishing to extend their stay may also consider visiting nearby destinations such as Orheiul Vechi, a historic monastery complex located in a scenic river valley about one hour from the city.