

# BALANCE IN SPORT (BIS) 

Tools to implement Gender Equality

## Worskhop on Gender Equality indicators and tools

\(\left.\begin{array}{ll}Date of the meeting: \& 10 April 2016, 14:00 - 18:30 <br>

\& 11 April 2016, 9:00-14:30\end{array}\right\}\)| Nordic C Hotel |
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| Conference Venue: |
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|  |
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# Exhaustive list of existing indicators 

Elaborated by Barbara Helfferich, Consultant

Strategic Area 1: Leadership

| Outcome Indicators | Impact/Process Indicators $^{1}$ |
| :---: | :---: |
| Leadership |  |
| Better gender balance on executive boards and committees with a view to reaching 40 per cent or respectively 50 per cent. | Proportion of women and men in decision-making positions in continental confederations of Olympic sports in Europe <br> Percentage of men and women in positions on the executive boards and committees of national sports governing bodies <br> Percentage of men and women in international sports organisations located in Europe <br> Proportion of female candidates for elections to senior positions <br> Number of women standing for presidential elections <br> Number of women sports leaders as board directors <br> Number of women a board chairs <br> Number of women as executive directors <br> Number of women standing for elections in board elections <br> Number of women elected presidents of sports organizations at local, national, regional and international level. <br> Proportion of men and women chairs on sports community boards <br> Proportion of men and women executive directors on community boards <br> Gender division among members of municipal boards and officials of municipal sports departments <br> Percentage of women in boards or executive committees of NOCs and IFs <br> Percentage of female candidates in presidential elections for NOCs and IFs <br> The number of women elected to senior roles of president, secretary general, or Treasurer in NOCs and Ifs <br> Percentage of full-time/ part-time employees who are women in IFs <br> Percentage of posts retained by the incumbent <br> Percentage of elections for president only with one candidate |
| Improved accessibility to leadership positions | Establishment/Existence/Assessment of an equity/ equality policy <br> Percentage of NOCs and Ifs with Women in sport Commission or similar body <br> Clear and simple progressive targets for members of boards and committees <br> Degree of restrictions on the eligibility standing for elections |

[^0]|  | Review of Statutes from a gender perspective? (yes/ no/how) <br> > Audit of organizational culture undertaken? (yes/no/and how) <br> Degree of competition by the number of candidates standing for elections (NOCs/IFs senior positions) |
| :---: | :---: |
| Improved capacity building for leadership roles | Percentage of women in full or part time employment in sports organization by type of employment. <br> Availability of leadership training for women <br> Databases with potential female candidates of size appropriate to the size of the NOCs <br> Budgetary allocations by sports organization for leadership training as compared to other types of training offered <br> Existence of clear, simple and minimum targets established which represent progression from those previously adopted for membership of the executive committees and boards |

Strategic Area: Coaching

| Outcome Indicators | Impact/Process Indicators |
| :---: | :---: |
| Coaching |  |
| Improved overall gender balance in coaching | Percentage of women in full or part time employment in sports organization by type of employment. <br> Overall employment rate of women in sports organizations/ by sector. <br> Percentage of female and male coaches with coaching qualifications <br> The number of women coaches for different sport activities <br> Percentage of women working as assistant coaches <br> Proportion of qualified coaches in relation to the overall membership of women in sports organizations <br> Proportion of women working in elite coaching <br> Proportion of girls who drop out of sports <br> Policies, which support gender friendly coaching and guidance <br> Employment rate of female coaches by regional federations by type of sports <br> Gender Pay Gap for female coaches <br> Distribution of coaching licenses by sports activity, gender and age <br> Percentage of women in coaching with no qualifications <br> Percentage of women in coaching with some qualifications |
| Improved capacity building specifically designed to support female coaches | Existing support structures and budgets at national level to support the dual career choice (child care facilities for coaches with children) <br> Number of Initiatives enabling gender friendly guidance and coaching. <br> Existence and evaluation of organizational strategies to improve |


|  |  |
| :--- | :--- |$\quad$ women's access to the coaching professions.

Strategic Area: Stereotypes in Media

| Outcome Indicators | Impact/Process Indicators |
| :---: | :---: |
| Stereotypes in the M edia |  |
| Improved the media presence of women sports journalists | Number of women journalists in print media and media production <br> Proportion of women journalists who cover sports events <br> Proportion of women journalists who signed their name on an article for sports |
| Better representation of women in the media | Proportion of women in senior management positions in the media organizations <br> Number of women journalist networks <br> Estimation of the most popular sports on the basis of the number of practicioners |
| Improved coverage of women in sports | Proportion of sports stories by gender <br> Number of authors of sports stories by gender <br> Number of sport actors quoted or referred to by gender <br> Coverage of sports actor/person in focus by gender in the visual media <br> Number of sports stories by sports activities and gender |
| Built capacity to fight gender stereotypes | Possible sexual implications by gender in relation to sports stories <br> Estimation to what extent the stories are enhancing or working against sexual stereotypes <br> Possible implication on stereotyping through existing dress codes of particular types of sports <br> Active media strategies to fight gender stereotypes in sports. |

## Strategic Area: Gender-based Violence

| Outcome Indicators | Impact/Process Indicators |
| :--- | :--- |
| Gender-based Violence |  |


| Reduced number of incidences of genderbased violence | Number of initiatives that raise awareness of gender-based violence in sports <br> Budget and resources allocated to research into the reasons for gender-based violence in sports <br> Full implementation of the European "Race Directive" |
| :---: | :---: |
| Improved Data collection | Number of incidents of sexual harassment or any other form of violence within sport organizations by sex and age <br> Number of legal cases of gender-based violence in sports filed by sex and age <br> Percentage of crimes reported to the police in relation to genderbased violence in sports <br> Number of convictions on gender-based violence |
| Improved organizational cultures/structure | Existence of an active strategy to prevent violence including harassment and support survivors of violence. <br> Existence of formal complaint procedures <br> The extent of which there are discussions about the issue of sexual harassment and abuse <br> Existence of athlete and parent education programs, which inform and advise athletes on their rights and how to maintain their integrity and autonomy. <br> Embedding democratic leadership styles to mitigate abuses of power; <br> Efforts to establish harassment free policies and procedures <br> Putting into practice rigorous screening procedures for the appointment of all sports personnel <br> Extent to which the effectiveness of these procedures are monitored <br> Access to empowerment training in the organization <br> Awareness within an organization about rights and complaint procedures <br> Uptake on existing hotlines. <br> Provision of legal information and support <br> Evidence of satisfaction with the support <br> Established code of ethics and conduct for coaches <br> Provisions for legal assistance <br> Are there training programs for all individuals involved in sports on harassment-free sport? <br> Systematic monitoring of governance and processes as to whether they stand up against gender-based violence |

## Strategic Area: Participation

| Outcome Indicators | Impact/Process Indicators |
| :--- | :--- |
| Participation |  |


| Improved participation of women in sports | Frequency of sports activity by gender and age <br> > Percentage of women in sports clubs by activity <br> > Proportion of registered female football players as compared to men globally and by couontry <br> Number / and percentage of women in national teams competing internationally <br> > Number of female athletes at the Olympic Games by activity and age |
| :---: | :---: |
| Improving girls and women's participation at the grass roots level <br> (M unicipalities/schools/sportclubs | > Existence of gender and sports equality policies <br> > Number of women in governing bodies <br> > Budget level and allocation to different activities by sports clubs and organisations <br> > Type of activity and take up by gender <br> > Rate of drop-out by gender <br> > What are the activities practiced by gender <br> > Allocation of public and private funding to sports activities/gender <br> > Allocation of space to different activities/participation by women and men <br> > Teacher's/trainers qualifications <br> > Monitoring tools available/frequency of monitoring |
| Increased support for participations | > Access to affordable childcare by country <br> > Percentage of women athletes receiving sponsorship/ by sector <br> > Proportion of athletes with higher education by gender <br> > Access to sports centers <br> > Quality of services on offer by breakdown of groups by gender |


[^0]:    ${ }^{1}$ Ideally, ethnicity, race, age, etc should also be taken account of in order to address issues of intersectionality

