



# BULGARIAN RED CROSS YOUTH

94 years changing the world



BULGARIAN  
RED CROSS

The biggest youth organization in the country and integral part of the Bulgarian Red Cross:

Nationwide network of youth clubs –  
390

- Member-volunteers – 5 393
- Volunteers – 2 230
- Trained volunteers – 6 000
- First aid – 1000
- PSS – 580





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### Major Fields of Activity

- First Aid
- Psychological First Aid and Psychosocial Support
- Disaster Preparedness
- Training sessions in schools
- Public demonstrations and simulations – 180
- National Competitions for SFAT and YET
- Public demonstrations

### TEAMS

- Youth Emergency Teams – 20/340 members
- School First Aid Teams 266/1311 members





# School First Aid Teams (SFAT)



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- One of BRCY's major priority areas is providing adequate first aid training for children.
- Setting up and maintaining School First Aid Teams for children age 12 to 14 has proved crucial in achieving this goal.
- Bulgarian Red Cross Youth has 266 School First Aid Teams with 1311 members.
- The regional and national competitions for School First Aid Teams, which take place with the valuable support of schools' health professionals, play a key role in the promotion of first aid among school children and improve their motivation for future participation in the Youth Emergency Teams.





# Youth Emergency Teams (YET)



- The Youth Emergency Teams are part of the internal BRC, as well as the larger institutional disaster preparedness framework in the country.
- Bulgarian Red Cross Youth has 20 trained Youth Emergency Teams with more than 340 members. The main teams consist of 5 to 20 well-trained volunteers, at the age of 18 and above.
- Youth Emergency Teams are located in the regions of Blagoevgrad, Varna, Veliko Tarnovo, Vratsa, Gabrovo, Dobrich, Montana, Kyustendil, Kurdjali, Pazardjik, Pernik, Plovdiv, Ruse, Sliven, Smolyan, Sofia, Targovishte, Shumen, Razgrad and Burgas.
- The work of the Youth Emergency Teams is focused on three key areas: before, during and after disasters.



- Before disaster, YET carries out disaster preparedness activities through **lectures, demonstrations and simulations** in schools, companies and other institutions, and disseminate information materials among the general public.
- The Youth Emergency Teams are not involved in direct rescue operations during disasters, but they support the activities of professional and rescue teams in the so called **“green zone” of the disaster**, i.e. beyond its periphery. In case of disaster, YET are involved in **relief and shelter** efforts, they **distribute food, hot drinks and water** to the rescue teams and the people affected by disaster, assist in **collecting data about the affected population** and the **assessment of their needs**, as well as render **first aid and psychosocial support**, if needed.
- After disaster, YET’s efforts are focused on **supporting the community in the process of recovery**.
- In 2014, the Youth Emergency Teams played a huge role in BRC efforts to provide humanitarian assistance to the population affected by the floods in **Asparuhovo (Varna), Dobrich, Mizia and the region of Veliko Tarnovo**.

