

Violence reduction in schools workshop



Session 10:
Involving students
- Developing pupil led
strategies to reduce violence
and improve behaviour in
school



"Even being a nobody can help somebody."

Elizabeth Eckford

(4 September 1957, she and 8 other African American students attempted to enter Little Rock Central High School)

Learning outcomes



In session 10 we will develop the knowledge, understanding and skills needed to:

- Set out a range of peer-led strategies;
- Analyse an example in order to identify principles and organisational issues.

Sequence of activities



The 5 activities in Session 10

- Activity 10.1 – Asking pupils to review their current involvement in peer support;
- Activity 10.2 – Discussion of issues arising from the befriending case study;
- Activity 10.3 – Discussion of issues arising from the advanced listening case study;
- Activity 10.4 – Discussion of issues arising from the peer mediation case study;
- Activity 10.5 – Peer support in your school.

Peer-led school systems to reduce violence including bullying



Some examples:

- Peer support
- Co-operative group work
- Befriending/bullying
- Peer mediation
- Conflict resolution
- Restorative approaches
- Advanced peer listening

Why peer support is needed

Advantages of including peer support systems in a school strategy:

- Violence is detected early
- Peers talk to each other
- Victims are helped quickly
- Staff time is supplemented
- Children learn interpersonal skills
- Parents and the community feel the school cares
- Links can be made to other services



Session 10: Follow-up activity



You are invited to prepare for the development of peer-led activity in a school by:

- choosing and answering solution focused questions as an aid to planning;
- imagining peer support systems for reducing violence are established and working smoothly and answering the *miracle question* “What will be different” and “what will tell you that the miracle has happened?”
- designing a training activity for use in school to change or start up a peer-led activity.