

## Engaging the experts: The importance of working with young survivors of sexual violence in prevention efforts

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### **Outline**

- Why we should involve young people
- Why we should involve those affected by sexual violence
- How we can engage with young people
- Examples
- What we're learning
- A new European project



# Why should we engage with young people on prevention?

- Sexual violence disproportionally affects young people
- It's their right to express their views
- Prevention means engaging early



## Why should we engage those affected by sexual violence in prevention efforts?

- They're the experts
- Prevention messages have to 'speak' to young people
- Participating in creative activities can have a positive impact
- Engagement and empowerment can help minimise the likelihood of re-victimisation



## How can we engage young people in prevention efforts?

- Participatory research
- Youth Advisory Groups
- Creative projects



# Gang associated sexual exploitation and violence project

- Research into the issue of gang associated sexual violence and exploitation
- Additional funding a film project
- 35 young people
- Workshops
- Skills camera work, sound and technical skills
- Four films www.beds.ac.uk



## **Be Healthy Project**

- Highlight and address the barriers to health services experienced by young people affected by sexual exploitation
- Partnership between The Association for Young People's Health (AYPH) and The International Centre
- 10 young people
- Series of short animated films and a booklet



who we are what we do evaluation feedback news contact



#### A young people's participation project

**Read More** 



#### Our film

Watch the animated film made by the Health Advocates about health, wellbeing and the barriers faced by young people affected by sexual exploitation.



#### Our booklet

Read and download our booklet where we talk about our experiences of using services for a variety of health issues. It also contains lots of helpful advice on how young people can look after themselves.



#### Our other resources

Look at some of the other resources we created, including a free downloadable leaflet that professionals can give to young people when they start using a service.

**Read More** 







### **Be Healthy Project**

- Health advocates received accreditation for their work
- Presented to different groups
- Working with the Department of Health

"I've gone from the person who is coming here to ask for help for me, to someone who's coming to help other young people"



## What are we learning ?

- Lots of time to plan
- Time and flexibility
- Money
- Thinking about safety
- Confidentiality
- Expectations
- Exit planning/ sustainability



### An exciting new project and opportunity

- Funding from the Oak Foundation for a three year, pan-European initiative – 'Our Voices'
- 'Our Voices' will promote the involvement of young people in efforts to prevent sexual violence in Europe
- Get in touch <u>claire.cody@beds.ac.uk</u>