



Knowing your rights helps you to protect them and to take an active role in the care you receive.

Children and young people in care

Discover your rights!

You have the same rights as children who live with their family of origin.



Your government and child welfare organisations are responsible for making sure that these rights are respected and protected.



Your needs are the number one priority. They should be defined in an individual care plan.



You are entitled to a good standard of care in regards to comfort, security, etc.

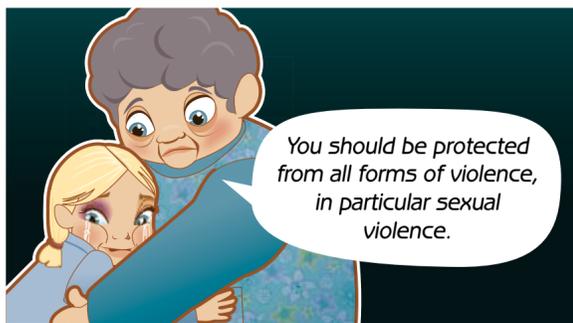


You should have access to leisure activities, such as play, sport and cultural activities, just as other children.

You have the right to be properly informed of your rights and choices in a timely manner.



You are still entitled to support when leaving care.



You should be protected from all forms of violence, in particular sexual violence.

You have the right to participate in all decisions affecting you, depending on your age and level of maturity.



If you experience abuse or neglect while in care, call and report this to your social worker, the police, the children's ombudsman or other adults you trust. If you are in a situation where you fear for your safety and well-being you should report it IMMEDIATELY!

