

# Learning & Teaching Resources in Democratic School Practice

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## Council of Europe Resources and Materials for Fostering Nondiscrimination practices.

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**Addressing violence in schools through education for democratic citizenship and human rights education** (2016). A collaborative and reflective report on sustainable means for addressing and preventing violence in schools. Produced in co-operation with Greece, Hungary, Montenegro, Poland and Romania. The book includes a chapter with recommendations (p. 40ff).  
<https://rm.coe.int/16806c8426> (English version, PDF)

**Bookmarks – A manual for combating hate speech online through human rights education** (2016). The manual is designed for working with learners aged 13 to 18 but the 24 activities can be adapted to other age ranges; includes background information on topics like human rights, freedom of expression, racism and discrimination, private life and safety, democracy and participation, campaigning strategies, internet literacy etc.  
<https://rm.coe.int/168065dac7> (English version, PDF)  
<https://www.coe.int/en/web/no-hate-campaign/bookmarks-connexions> (all language versions)

**Charter on Education for Democratic Citizenship and Human Rights Education.** The Charter is an important reference point for all those dealing with citizenship and human rights education. It provides a focus and catalyst for action in the member states. It is also a way of disseminating good practice and raising standards throughout Europe and beyond. It was adopted by the Organisation's 47 member states in the framework of Recommendation CM/Rec(2010)7.  
<https://www.coe.int/en/web/edc/charter-on-education-for-democratic-citizenship-and-human-rights-education>

**Compass – A Manual for Human Rights Education with Young People** (new ed. 2015). Very successful manual on HRE, translated to many languages. Including numerous activities and background information.  
<https://www.coe.int/compass>  
Chapter about Discrimination and Intolerance: [https://www.coe.int/web/compass/discrimination and intolerance](https://www.coe.int/web/compass/discrimination-and-intolerance)

**Compasito – a manual on human rights education for children** (2010). Inspired by Compass, also including activities and background information for the target group of young learners.  
<http://www.eycb.coe.int/compasito/>

**Democracy in the Making: Good practices from 5 years of Regional Summer Academies “Democracy at School and Human Rights in Action”** (2014)  
[www.theewc.org/download/file/1391](http://www.theewc.org/download/file/1391)

**Democratic Governance of Schools** (2nd ed. 2012). This manual is a practical tool that is designed to bridge the gap between theory and practice in EDC.  
<http://www.theewc.org/Content/Library/Teacher-Training/Training-Tools/Democratic-Governance-of-Schools>

**Developing a culture of co-operation when teaching and learning history** (2019). Outcome of the Council of Europe (CoE) bilateral history education project in Cyprus. The aim of the project is to raise awareness of teaching and learning history in its complexity in the context of cultural diversity and globalisation, based on multiperspectivity.  
<https://rm.coe.int/developing-a-culture-of-cooperation/168071a633>

**ECRI: Country reports and Recommendations.** The European Commission against Racism and Intolerance (ECRI) is a human rights monitoring body which specialises in questions relating to the fight against racism, discrimination (on grounds of “race”, ethnic/national origin, colour, citizenship,

religion, language, sexual orientation and gender identity), xenophobia, antisemitism and intolerance.

<https://www.coe.int/ecri>

**Fighting School Segregation in Europe through Inclusive Education, Position Paper (2017)**

<https://rm.coe.int/fighting-school-segregation-in-europe-through-inclusive-education-a-posi/168073fb65>

**Guidelines for Social Inclusion of Roma, Ashkali and Egyptian Pupils in Schools** (Pristina, 2015). Includes chapters about general principles and guidelines as well as strategies and tools for social inclusion at school.

<http://www.theewc.org/Content/Library/Teacher-Training/Training-Tools/GUIDELINES-FOR-TEACHERS-FOR-SOCIAL-INCLUSION-OF-ROMA-ASHKALI-AND-EGYPTIANS-IN-SCHOOLS>

**How all Teachers can Support Citizenship and Human Rights Education: A Framework for the Development of Competences** (2009)

<https://rm.coe.int/16802f726a>

**Living Democracy Manuals. Lesson plans on EDC/HRE. Volume 1-6** (2008-2014). The six Council of Europe “Living Democracy” manuals provide teachers with high-quality lesson materials which have been tested by educators in several countries and are flexible enough to enable both experienced and trainee teachers to introduce citizenship and human rights education into their schools in a fun, interactive and challenging way. They draw on expert authors from different parts of Europe and cover the whole age range from primary to secondary or high school.

<https://www.coe.int/en/web/edc/living-democracy-manuals>

**Living in Diversity, Lesson Plans for Secondary Schools** (2010). Educational activities that were developed by teachers and trainers from Armenia, Azerbaijan, Georgia and Ukraine. The activities cover a range of topics associated with intercultural education. The handbook should be seen as a tool for teachers of different subjects who want to integrate an intercultural dimension in their practice.

<https://book.coe.int/en/root/4500-living-in-diversity-lesson-plans-for-secondary-schools.html>

**Living with Controversy – Teaching Controversial Issues through Education for Democratic Citizenship and Human Rights (EDC/HRE)** (2015 in English; translated in various languages).

The training pack for teachers consists both of 1) a scoping paper explaining what controversial issues are and why they should be taught in school, and 2) a set of training activities on how to teach controversial issues in school. It examines major challenges of teaching such issues and provide practical tools on how to deal with them. The main approach is encouraging teachers to create safe spaces in which children and youth are given the opportunity to explore and discuss controversial issues within the framework of education for democratic citizenship, human rights and inclusive education.

<https://rm.coe.int/16806948b6>

**Mirrors. Manual on combating antigypsyism through human rights education** (2015, available in English, French, Greek, Hungarian and Russian).

This manual was produced within the Roma Youth Action Plan of the Council of Europe to provide teachers, trainers and facilitators of non- formal education processes with essential information and methodological tools (18 activities) to address antigypsyism with young people of all ages and in any social-cultural setting.

<https://rm.coe.int/1680494094>, <https://www.coe.int/en/web/youth-roma/mirrors>

**Reference Framework of Competences for Democratic Culture (CDC)**, Volume 1-3. (2018).  
The Framework comprises three volumes.

- **The first** contains the Model of Competences, as determined by a multidisciplinary team of international experts following extensive research and consultation. The 20 competences are divided into four areas – Values, Attitudes, Skills and Knowledge and critical understanding – and accompanied by information about the background to the model, how it was developed and how it is intended to be used.
- **Volume 2** contains a series of statements setting out learning targets and outcomes for each competence. These descriptors are intended to help educators design learning situations that enable them to observe learners' behaviour in relation to a given competence.
- **Volume 3** offers guidance on how the Model of Competences might be used in six education contexts. Further chapters will be added in due course.

<https://www.coe.int/en/web/campaign-free-to-speak-safe-to-learn/reference-framework-of-competences-for-democratic-culture>

**WE CAN! Taking action against Hate Speech through Counter and Alternative Narratives** (rev. ed. 2017). This manual presents communicative and educational approaches and tools for youth and other human rights activists to develop their own counter and alternative narratives to hate speech. It is designed for working with young people from the age of 13.

<https://rm.coe.int/wecan-eng-final-23052017-web/168071ba08>

<https://www.coe.int/en/web/no-hate-campaign/we-can-alternatives>

Many CoE training materials exist in several languages. All materials can be downloaded from the European Wergeland Center Library: [www.theewc.org/Content/Library](http://www.theewc.org/Content/Library)